

WORKPLACE MENTAL HEALTH ASSESSMENT TOOL

Use this workplace assessment tool to gauge some of the assets and gaps in your organization as it relates to workplace mental health programs. This tool is reformatted and adapted by the Great Lakes Bay Region Mental Health Partnership from the APA Working Well Toolkit, June 2016. You can also download an editable spreadsheet version of the tool customizable to your needs here:

[Online Mental Health Assessment Tool and Strategy for Building a Mental Health Program](#)

DO WE CURRENTLY:	YES	NO	NOTES
Regularly provide information about mental health issues and employee benefits to reduce the stigma associated with seeking help for mental health problems?	<input type="radio"/>	<input type="radio"/>	
Provide access to valid mental health screening tools?	<input type="radio"/>	<input type="radio"/>	
Give employees easy access to mental health support and care?	<input type="radio"/>	<input type="radio"/>	
Provide high-quality outpatient and inpatient coverage for mental health treatment when needed?	<input type="radio"/>	<input type="radio"/>	
Make it easy to understand how to access care?	<input type="radio"/>	<input type="radio"/>	
Provide appropriate access to outpatient care and a broad continuum of services, settings, and providers?	<input type="radio"/>	<input type="radio"/>	
Cover effective prescription medications for mental health conditions at a level that encourages their appropriate regular use?	<input type="radio"/>	<input type="radio"/>	
Encourage mental health and stress reduction through a comprehensive wellness and health promotion program?	<input type="radio"/>	<input type="radio"/>	
Provide managers with management skills and training in conflict resolution to reduce excessive workplace stress?	<input type="radio"/>	<input type="radio"/>	
Track disability claims for mental health conditions and provide case management services to facilitate timely return to work?	<input type="radio"/>	<input type="radio"/>	
Tie to safety and/or wellness programs or other means of education and access?	<input type="radio"/>	<input type="radio"/>	
Follow up, review and refine our internal workplace mental health program?	<input type="radio"/>	<input type="radio"/>	

For more information about the Great Lakes Bay Region Mental Health Partnership, contact Dr. Matt Samocki by emailing msamocki@greatlakesbay.org, calling (989) 430-1886 or visiting greatlakesbay.com/mentalhealth



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